

If you're holding this notebook it's likely you just received the news that your child is a pediatric stroke survivor. There's a good chance that your world is spinning right now and you might be feeling completely overwhelmed. We've been in your shoes and want to help make things a little less crazy where we can! That's why we made this Care Notebook especially for you. This is a place to keep all of the important information regarding your child . There are a handful of forms with plenty of space for you to keep track of appointments, medications, etc. It also includes a zip drive to hold anything you'd like to download and have on hand, a pouch to keep a pen and any discs you may receive and a couple of folders to hold important paperwork or receipts.

However, out of all the things in this notebook, the most important one is right up front, **support information**! This has our contact information plus multiple websites that will be great resources for you., as they have been for us.

One of our main priorities at the Children's Stroke Foundation is to make sure all survivor families feel supported and never alone. So please reach out to us if you need anything. We've been there!! Please remember that no matter what you've been told or what scans you have seen, they do not define your child. Those scans do not dictate your child's capabilities. Stay strong and know that there is hope and know your child will surprise you everyday.

Early intervention is key so I would urge you to get in contact with your local infant and toddler services or specialists as soon as possible. Get in touch with us and we can help put you in contact with other families in your area. You are not alone!

- Shiloh Little and Sara Mitchell Co-founders Children's Stroke Foundation of the Midwest

Support Resources

Support Group or Organization	
Contact Person	
Address:	
Website/Email:	
Phone:	
Fax:	

Support Group or Organization	
Contact Person	
Address:	
Website/Email:	
Phone:	
Fax:	

Children's Stroke Foundation of the Midwest

Shiloh Little and Sara Mitchell

22754 W 220 St. Spring Hill KS 66083

kids can have strokes too @gmail.com

(913)940-0089

Therapy Locations

PossAbilities Children's Therapy Group

Speech, Physical and Occupational Therapy www.poss-abilities.com 913-620-1007

Beyond Function

Occupational Therapy www.beyondfunctionllc.com 913-515-6298

Bringing Therapy Home

Speech Therapy, Occupational Therapy, Feeding Therapy, Music Therapy www.bringingtherapyhome.com 913-754-6643

Therapy in Motion Physical Therapy www.Therapyinmotionkc.com 816-547-9654

Children's Therapy Services Speech and Occupational Therapy www.childrenstherapycts.com 913-912-2174

Children's Physical Therapy Associates

Land and Aquatic Physical Therapy www.ptr4kids.com 913-345-1997

Playabilities

Occupational, Physical, Speech Therapy www.playabilities.org 913-213-3531

New Horizons Ranch

Therapeutic Horseback Riding www.newhorizonranch.org 913- 620-2788

Northland Therapeutic Riding Center Therapeutic Horseback Riding 813-808-1106

LeAnn Brittan IDC www.brittancenter.org 913-676-2253

Children's Mercy Hospital www.childrensmercy.org 816-234-3000

Easterseals Capper Foundation www.easterseals.com/capper 785-272-4060

TARC www.tarcinc.org 785-232-0597

Overland Park Regional Medical Center 913-541-5562

Early Childhood (birth-3)

Johnson County Infant/Toddler www.itsjc.org 913-432-2900

Missouri First Steps www.mofirststeps.com

Also check with your county/city/school district for Parents as Teachers or other local early intervention services.

Sports and Other Activities

I can Bike www.icanbike.org

Midwest Adaptive Sports Various Activities www.midwestadaptivesports.org

Baseball/Kickball www.olatheks.org/parksrec Miracle League 913-917-8563

SOAR at Grace Church Support group, respite care nights, summer day camps https://visitgracechurch.com/soar/

Adaptive Dance Kansas City Ballet www.kcballet.org/school 816-931-2299

All Abilities Cheer Team Inspire kcac@kcaccheer.com

Challenge Air www.challengeair.org 214-351-3353

Challenge Games Adaptive Track and Field

www.challengegames.org

TEAM Soccer https://www.sportingbvsoccer.org/team-socc er **Constraint Therapy Camps**

Ability KC 816-751-7710

PossAbilities Children's Therapy Group www.poss-abilities.com 913-620-1007

Additional Camps

Wild Wilderness Kids Therapeutic Nature Center www.wellwildernesskids.com 913-281-8581

Special Needs Financial Resources

Local: John Gantzer- Edward Jones (913) 469-0290 www.edwardjones.com/john-gantzer

Kacy Seitz - Northwestern Mutual kacy.seitz@nm.com 816-412-1515

Deborah Niemann- Northwestern Mutual 816-506-0884

National: Falling Forward Foundation www.fallingforward.org 785-550-8129

Alyssa V. Phillips Foundation https://www.alyssavphillipsfoundation.com/

CHASA (Children's Hemiplegia and Stroke Association) http://chasa.org/ The Laney Jaymes Foundation Adaptive Equipment Grant http://www.laneyjaymes.org/who-we-support

United Healthcare Children's Foundation http://www.uhccf.org/

Providers

Dr .Marcie Files- CMH Pediatric Neurologist - Stroke Specialty 816-234-3000

Dr. Jennifer Prohaska - CMH Neuropsychologist 913-588-6400

Dr. Nicole McCarten- CMH Rehab 816-234-3970

Dr. Ganesh Gupta Pediatric Orthopedic Associates 913-451-0000 https://www.pedorthokc.com/

Dr. Laura Plummer- CMH Opthamologist 816-960-8000

Dr. Brian Aalbers - OPRMC Pediatric Neurologist 913-599-3828

Dr. Katherine Burns - OPRMC Developmental Pediatrician 913-541-5022

Dr Robert Beatty - OPRMC Neurosurgeon 913-541-5500 Children's Center for the Visually Impaired Visual Processing Evaluations https://ccvi.org/ 816- 841-2284

Neuropsychological Testing Children's Mercy 816-234-3674

Sunflower Vision Development Center In depth evaluation of vision and processing 913-631-0262

Other Local Resources

Brain Injury Association of Kansas http://biaks.org

Variety – The Children's Charity of Greater Kansas City

http://varietykc.org

National Online Resources

Accessible Playground www.p2pusa.org/parents/

CampResource www.campresource.com/

Child Neurology Foundation www.childneurologyfoundation.org

Inspired by Pediatrics https://inspiredbypediatrics.com/

Kids' Waivers www.kidswaivers.org/

Parent to Parent USA www.p2pusa.org/parents/

Understood

www.understood.org/en.

Bright Spot Pediatric Stroke

https://www.facebook.com/brightspotps/

Getting to Know Me

My Name:	Nickname:			
Birthdate:	Today's Date:			
A little about me:				
My strengths (things that are easy for me):				
My challenges (communication, feeding, learning)	ng, mobility, social, energy, behavior):			
Places I spend time (school, childcare, place of worship, special places):				
Ways you can be helpful to me:				
Things to avoid (food, activities, procedures):				
My equipment/assistive technology:				
Other:				

Medical Summary

Child's Name:							
Date of Birth:							
Age:	Height:			Weight:			
Address and	Contact Inf	ormatio	n				
Parents/Guard	lians:			Relationsh	ip:		
Street:		C	ity:			State/Zip:	
Phone #'s:		·					
Primary Langu	age:						
Important Thir	ngs to know:						
			Medica	I Information	า		
Diagnosis(es	s):	Д	ge	[Diagno	osis(es):	Age
1.							
2.							
Medica	ations	D	ose	Time	OTC Medications/Supplements		ements
Hospitaliz	ations/Surg	eries/	Date	Hospita	Hospital Doctor		

Medical Summary

Allergies/Sensitivities	Reaction	Allergies/Sensitivities	Reaction			
Healthcare and Other Providers						
Primary Care Provider:		Phone:				
Specialty Provider:		Phone:				
Other provider:		Phone:				
Other Provider:		Phone:				
Other Provider:		Phone:				
Medical Equipment	Medical Supplies	Provider	Contact Info			
Immunization History	(Date(s))					
Influenza:	Hepatitis b:	MME:	Meningococcus:			
Tdap:	Hepatitis A:	Varicella:	Polio:			
PPD:	Pneumovax:	HPV:				
Health Insurance						
Name:		Name:				
Group #:		Group #:				
ID#:		ID#:				
Phone:		Phone:				
Other important info:						

Hospital and Clinic Information

Medical Record Number:
Hospital Address:
City, State, Zip Code:
Website:
Phone Numbers:

Specialty Clinic Name:	Specialty Clinic Name:
Hours/Days of Operations:	Hours/Days of Operations:
Physician:	Physician:
Contact Person:	Contact Person:
Phone:	Phone:
Email:	Email:
Fax:	Fax:
Specialty Clinic Name:	Specialty Clinic Name:
Hours/Days of Operations:	Hours/Days of Operations:
Physician:	Physician:
Contact Person:	Contact Person:
Phone:	Phone:
Email:	Email:
Fax:	Fax:

Care Provider:	Care Provider:
Name:	Name:
Phone:	Phone:
Fax:	Fax:
Start Date:	Start Date:
End Date:	End Date:
Address:	Address:
Email:	Email:
Website:	Website:
Care Provider:	Care Provider:
Name:	Name:
Phone:	Phone:
Fax:	Fax:
Start Date:	Start Date:
End Date:	End Date:
Address:	Address:
Email:	Email:
Website:	Website:
Care Provider:	Care Provider:
Name:	Name:
Phone:	Phone:
Fax:	Fax:
Start Date:	Start Date:
End Date:	End Date:
Address:	Address:
Email:	Email:
Website:	Website:

Appointment Log

Date	Provider/ Clinic	Reason	Next appointment	Phone #

Medication List

Child's Name: _____

Allergies: _____

Pharmacy: ______ Phone: _____

Medication	Date Started	Date Stopped	Dose	Prescribed by

Call Log

Date	Time	Caller name and number	Reason for call

Lab Work, Tests, and Procedures

Date	Test	Result	Ordered by	Reason

Out-of-Pocket Expense Log

Use this log to track expenses that are not covered by insurance. Save your receipts for tax purposes.

Date	ltem(s)	Cost